Join Nurtured Holistics: Mental Health Professional Opportunity

Nurtured Holistics Family Wellness Collective is a welcoming, collaborative wellness space dedicated to supporting individuals and families through every stage of life. With a focus on holistic health, women's wellness, and growing families, we bring together practitioners who share a passion for compassionate, client-centred care.

As our collective continues to grow, we are looking for a **Registered Social Worker (RSW)** or **Registered Psychotherapist (RP)** to join our team as an **independent contractor.**

This is an opportunity for a compassionate, client-centred mental health professional to establish or grow their practice within a supportive, multidisciplinary wellness environment.

The Opportunity

We offer:

- Independent contractor arrangement, with compensation details discussed with individual candidates.
- Booking, appointment reminders and payment support.
- Potential reception support during scheduled hours.
- Opportunities for professional collaboration and appropriate cross-referrals.
- A welcoming environment focused on women's health, family wellness and community connection.

Who We Are Looking For

We welcome applications from mental health professionals who:

- Hold current registration and are in good standing with the Ontario College of Social Workers and Social Service Workers (OCSWSSW) or the College of Registered Psychotherapists of Ontario (CRPO).
- Carry current professional liability insurance.
- Have appropriate education, training and professional qualifications.
- Maintain appropriate clinical documentation and practise within their professional scope and regulatory requirements.
- Have a compassionate, inclusive and client-centred approach.
- Are comfortable working independently while being part of a collaborative team.

Additional Assets:

- Bilingual (English and French).
- An interest in or additional training in pregnancy, prenatal mental health and perinatal wellness.
- Experience supporting individuals through postpartum adjustment and the transition to parenthood.
- Experience with maternal mental health, birth trauma, anxiety, depression or family transitions.
- An interest in supporting women, parents, children and growing families.
- Experience working collaboratively with other wellness and healthcare practitioners.

How to Apply

We would love to connect with mental health professionals who are interested in joining a supportive wellness collective and contributing to the emotional well-being of our community.

If you are interested in joining Nurtured Holistics Family Wellness Collective, please email **Jess@nurturedholistics.com** with:

- A brief introduction.
- Your current resume.
- A description of the services you offer.
- Your preferred availability.

We thank all applicants for their interest; however, only those selected for further discussion will be contacted.